

BREAKFAST PRICES

Full Price	\$1.45
Reduced	30¢
Milk	50¢

LUNCH PRICES

Full Price CVIS	\$2.45
Full Price MS/HS	\$2.70
Reduced	40¢
Milk	50¢

MENU IS SUBJECT TO CHANGE

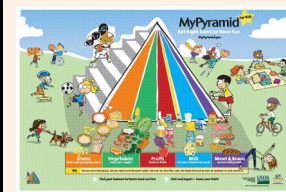
**Ashley Sprankle
Food Service Director
717-624-2157 EXT. 1015**

- Due to COVID-19, meal options will be limited and subject to change based on availability*
- *A la carte items are limited but will be gradually reintroduced as the year progresses*



**The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact:
Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Pop Tart, Cheese stick, frozen fruit cup, assorted milk	Banana Chocolate chunk bar, grape juice, assorted milk	Banana Chocolate chunk bar, grape juice, assorted milk	Blueberry Muffin, frozen fruit cup, assorted milk	Blueberry Muffin, frozen fruit cup, assorted milk
Meatball Sub, steamed corn, applesauce, assorted milk	Chicken Pattie Sandwich, green beans, pears, assorted milk	Chicken Pattie Sandwich, green beans, pears, assorted milk	French Toast Sticks, sausage, hash browns, baked apples, assorted milk	French Toast Sticks, sausage, hash browns, baked apples, assorted milk
Alternate: Mozzarella Sticks with Marinara	Alternate: Mozzarella Sticks with Marinara	Alternate: Mozzarella Sticks with Marinara	Alternate: Mozzarella Sticks with Marinara	Alternate: Mozzarella Sticks with Marinara
9	10	11	12	13
Pop Tart with Cheese Stick, frozen fruit cup, assorted milk	Cinnamon Toasters Cereal, fruit punch, assorted milk	Cinnamon Toasters Cereal, fruit punch, assorted milk	Powdered Donut, frozen fruit cup, assorted milk	Powdered Donut, frozen fruit cup, assorted milk
Chicken tenders, goldfish crackers, steamed broccoli, applesauce, assorted milk	Mac & Cheese, little smokies, steamed peas, strawberries, assorted milk	Mac & Cheese, little smokies, steamed peas, strawberries, assorted milk	Big Daddy's Cheese pizza, mixed vegetables, blueberries, Assorted Milk	Big Daddy's Cheese pizza, mixed vegetables, blueberries, Assorted Milk
Alternate: Egg & Cheese Sandwich	Alternate: Egg & Cheese Sandwich	Alternate: Egg & Cheese Sandwich	Alternate: Egg & Cheese Sandwich	Alternate: Egg & Cheese Sandwich
16	17	18	19	20
Pop Tart with Cheese Stick, frozen fruit cup, assorted milk	Mini Cinnis, orange juice, assorted milk	Mini Cinnis, orange juice, assorted milk	Egg & cheese wrap, applesauce, assorted milk	Egg & Cheese wrap, applesauce, assorted milk
Chicken tenders, goldfish crackers, steamed broccoli, applesauce, assorted milk	Pulled Pork BBQ Sandwich, coleslaw, baked beans, peaches, assorted milk	Pulled Pork BBQ Sandwich, coleslaw, baked beans, peaches, assorted milk	Hot Chicken with gravy over mashed potatoes, steamed corn, apple crisp, assorted milk	Hot Chicken with gravy over mashed potatoes, steamed corn, apple crisp, assorted milk
Alternate: Ham & Cheese on a Pretzel Roll	Alternate: Ham & Cheese on a Pretzel Roll	Alternate: Ham & Cheese on a Pretzel Roll	Alternate: Ham & Cheese on a Pretzel Roll	Alternate: Ham & Cheese on a Pretzel Roll
23	24	25	26	27
Pop Tart, Cheese Stick, frozen fruit cup, assorted milk	<i>No School</i>	<i>No School</i>		
Cheeseburger Sandwich, assorted vegetables, assorted fruit, assorted milk	<i>Teacher In-Service Day</i>	<i>Teacher In-Service Day</i>	<i>No School</i>	
Alternate: Cheese Pizza Wedge				



Fruit Choice May Include:
Fresh Fruit, Canned Fruit, Dried fruit, Fruit Cups, 100% Fruit Juice

Vegetable Choices May Include:
Hot Vegetables, Garden Salad, Fresh Baby Carrots, Cucumber Slices, Celery sticks

Milk Choices May Include:
Low Fat White
Low Fat Chocolate
Low Fat Strawberry
Low Fat Vanilla
*Lactaid Milk

***Second Daily Alternate:
PB & J Uncrustable***

This institution is an equal opportunity provider.

