

HYBRID Schedule Menu, at Home Learners

October 2020

BREAKFAST PRICES

Full Price \$1.45
 Reduced 30¢
 Milk 50¢

LUNCH PRICES

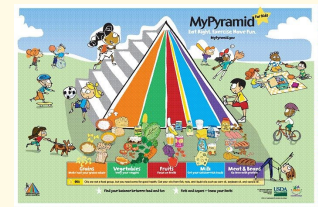
Full Price CVIS \$2.45
 Full Price MS/HS \$2.70
 Reduced 40¢
 Milk 50¢

**MENU IS SUBJECT
 TO CHANGE
 Ashley Sprankle
 Food Service Director
 717-624-2157 EXT. 1015**



**The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact:
 Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 Pop Tart, cheese stick, applesauce cup, juice box</p> <p>PB & J Uncrustable Assorted Fresh Vegetable Assorted Whole fruit</p>	<p>6 Oatmeal Chocolate Chip Bar, pineapple fruit cup, juice box</p> <p>PB & J Uncrustable Sliced Cucumbers with ranch Fresh Grapes</p>	<p>7 Oatmeal Chocolate Chip Bar, pineapple fruit cup, juice box</p> <p>PB & J Uncrustable Sliced Cucumbers with ranch Fresh grapes</p>	<p>1 Powdered Donut, applesauce cup, juice box</p> <p>PB & J Uncrustable Celery Stix with ranch Fresh orange</p>	<p>2 Powdered Donut, applesauce cup, juice box</p> <p>PB & J Uncrustable Celery Stix with ranch Fresh orange</p>
<p>12 Teacher In-Service Day No School for Students</p>	<p>13 Crunchmania, crasins, juice box</p> <p>PB & J Uncrustable Baby carrots with ranch Apple Slices</p>	<p>14 Crunchmania, crasins, juice box</p> <p>PB & J Uncrustable Baby carrots with ranch Apple Slices</p>	<p>15 Cinnamon Toasters Cereal, applesauce cup, juice box</p> <p>PB & J Uncrustable Celery Stix with ranch Fresh orange</p>	<p>16 Cinnamon Toasters Cereal, applesauce cup, juice box</p> <p>PB & J Uncrustable Celery Stix with ranch Fresh orange</p>
<p>19 Pop Tart with Cheese Stick, applesauce cup, juice box</p> <p>PB & J Uncrustable Assorted Fresh Vegetable Assorted Whole fruit</p>	<p>20 Wheat cinnamon roll, Mandarin oranges fruit cup, juice box</p> <p>PB & J Uncrustable Sliced Cucumbers with ranch Fresh grapes</p>	<p>21 Wheat cinnamon roll, Mandarin oranges Fruit cup, juice box</p> <p>PB & J Uncrustable Sliced Cucumbers with ranch Fresh grapes</p>	<p>22 Powdered Donut, applesauce cup, juice box</p> <p>PB & J Uncrustable Fresh Peppers with ranch Orange Slices</p>	<p>23 Powdered Donut, applesauce cup, juice box</p> <p>PB & J Uncrustable Fresh Peppers with ranch Orange Slices</p>
<p>26 Pop Tart with Cheese Stick, applesauce cup, juice box</p> <p>PB & J Uncrustable Assorted Fresh Vegetable Assorted Whole fruit</p>	<p>27 French Toast Bar, diced peaches fruit cup, juice box</p> <p>PB & J Uncrustable Baby carrots with ranch Fresh apple</p>	<p>28 French Toast Bar, diced peaches fruit cup, juice box</p> <p>PB & J Uncrustable Baby carrots with ranch Fresh apple</p>	<p>29 Double Chocolate Chip Muffin, applesauce cup, juice box</p> <p>PB & J Uncrustable Celery Stix with ranch Fresh orange</p>	<p>30 Double Chocolate Chip Muffin, applesauce cup, juice box</p> <p>PB & J Uncrustable Celery Stix with ranch Fresh orange</p>



Fruit Choice May Include:
 Fresh Fruit, Canned Fruit,
 Dried fruit, Fruit Cups, 100%
 Fruit Juice

Vegetable Choices
 May Include:
 Hot Vegetables, Garden Salad,
 Fresh Baby Carrots, Cucumber
 Slices, Celery sticks

Milk Choices May Include:
 Low Fat White
 Low Fat Chocolate
 Low Fat Strawberry
 Low Fat Vanilla
 *Lactaid Milk

This institution is an equal opportunity provider.

