

CVIS Menu: April 2021

BREAKFAST PRICES

Full Price \$1.45
 Reduced 30¢
 Milk 50¢

LUNCH PRICES

Full Price CVIS \$2.45
 Full Price MS/HS \$2.70
 Reduced 40¢
 Milk 50¢

Due to a nationwide waiver, all meals will be served for free until 6/30/2021

MENU IS SUBJECT TO CHANGE

Ashley Sprankle

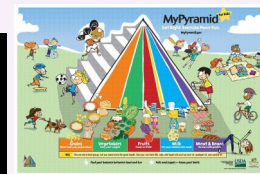
Food Service Director
 717-624-2157 EXT. 1015

- Due to COVID-19, meal options will be limited and subject to change based on availability*



**The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact: Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
5 No School Spring Break 	6 Wheat Cinnamon Roll or assorted cereal, grape juice, assorted milk Chicken tenders, teddy grahams, steamed peas, pears, assorted milk Alternate: Cheeseburger or Mozzarella Pizza Crunchers	7 Coffee Cake or assorted cereal, frozen fruit cup, assorted milk Spaghetti with meat sauce, garlic knot, green beans, blueberries, assorted milk Alternate: Cheeseburger or Mozzarella Pizza Crunchers	8 Waffle or assorted cereal, fruit punch juice, assorted milk Pulled Pork Sandwich, baked beans, peaches, assorted milk Alternate: Cheeseburger or Mozzarella Pizza Crunchers	9 Muffin or assorted cereal, banana, assorted milk French bread Pizza, steamed carrots, applesauce, assorted milk Alternate: Cheeseburger or Mozzarella Pizza Crunchers
12 Pop Tart with Cheese Stick or assorted cereal, orange juice, assorted milk Hot Dog on a bun, fresh peppers, fresh apple, assorted milk Alternate: PB & J Uncrustable	13 Egg & cheese wrap or assorted cereal, orange juice, assorted milk Chicken Fries, goldfish crackers, steamed corn, mixed fruit, assorted milk Alternate: Hot Ham & Cheese on Pretzel Roll or BYO Pizza Kit	14 Oatmeal Chocolate Chip Bar or assorted cereal, orange juice, assorted milk Chicken Nacho Dipper, tex-mex beans, strawberries, assorted milk Alternate: Hot Ham & Cheese on Pretzel Roll or BYO Pizza Kit	15 Mini Pancakes or assorted cereal, apple juice, assorted milk French Toast Stix, Sausage, Hash Browns, pears, assorted milk Alternate: Hot Ham & Cheese on Pretzel Roll or BYO Pizza Kit	16 Scooby Doo Stix & yogurt or assorted cereal, banana, assorted milk Cheese Pizza, steamed broccoli, blueberries, assorted milk Alternate: Hot Ham & Cheese on Pretzel Roll or BYO Pizza Kit
19 Assorted Donuts or assorted cereal, applesauce, assorted milk Cheeseburger sandwich, broccoli with ranch, fresh orange, assorted milk Alternate: PB & J Uncrustable	20 Wheat Cinnamon Roll or assorted cereal, grape juice, assorted milk Chicken Poppers, teddy grahams, steamed peas, peaches, assorted milk Alternate: Hot Dog in a bun or Pepperoni Pizza	21 Coffee Cake or assorted cereal, frozen fruit cup, assorted milk Mac & Cheese, little smokies, green beans, applesauce, assorted milk Alternate: Hot Dog in a bun or Pepperoni Pizza	22 Waffle or assorted cereal, fruit punch juice, assorted milk Meatball Sub, French fries, mixed fruit, assorted milk Alternate: Hot Dog in a bun or Pepperoni Pizza	23 Muffin or assorted cereal, banana, assorted milk Stuffed Crust Pizza, steamed carrots, pears, assorted milk Alternate: Hot Dog in a bun or Pepperoni Pizza
26 Pop Tart with Cheese Stick or assorted cereal, applesauce, assorted milk Chicken Pattie, baby carrots with ranch, fresh apple, assorted milk Alternate: PB & J Uncrustable	27 Egg & cheese wrap or assorted cereal, orange juice, assorted milk Corn Dog Nuggets, steamed broccoli, blueberries, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks	28 Banana Chocolate chunk bar or assorted cereal, frozen fruit cup, assorted milk Walking Beef tacos, refried beans, peaches, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks	29 Mini Pancakes or assorted cereal, apple juice, assorted milk Salisbury steak, mashed potatoes with gravy, dinner roll, applesauce, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks	30 Scooby Doo Stix & yogurt or assorted cereal, banana, assorted milk Personal Pan Pizza, steamed corn, mixed fruit, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks



Fruit Choice May Include:
 Fresh Fruit, Canned Fruit, Dried fruit, Fruit Cups, 100% Fruit Juice

Vegetable Choices May Include:
 Hot Vegetables, Garden Salad, Fresh Baby Carrots, Cucumber Slices, Celery sticks

Milk Choices May Include:
 Low Fat White
 Low Fat Chocolate
 Low Fat Strawberry
 Low Fat Vanilla
 *Lactaid Milk

Daily Alternate:
 PB & J
 Uncrustable

This institution is an equal opportunity provider.

