

# HYBRID Schedule Menu, at Home Learners

## January 2021

### BREAKFAST PRICES

Full Price	\$1.45
Reduced	30¢
Milk	50¢

### LUNCH PRICES

Full Price CVIS	\$2.45
Full Price MS/HS	\$2.70
Reduced	40¢
Milk	50¢

*\*Due to a nationwide waiver, all meals will be served for free until 6/30/2021\**

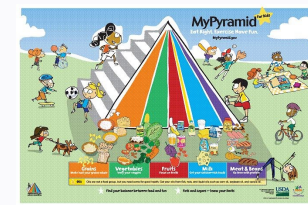
**MENU IS SUBJECT TO CHANGE**  
**Ashley Sprankle**  
**Food Service Director**  
**717-624-2157 EXT. 1015**

*Due to availability and current inventory, fruit and vegetable options will vary on a daily basis.*



*\*The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact:  
 Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
Let It Snow!				
4 Pop Tart with Cheese Stick, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	5 Crunchmania, crasins, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	6 Crunchmania, crasins, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	7 Cinnamon Toasters Cereal, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	8 Cinnamon Toasters Cereal, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit
11 Pop Tart with Cheese Stick, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	12 Wheat Cinnamon Roll, pineapple fruit cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	13 Wheat Cinnamon Roll, pineapple fruit cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	14 Powdered Donut, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	15 Powdered Donut, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit
18 <b>No School Teacher In-Service Day</b>	19 French Toast Bar, mixed fruit cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	20 French Toast Bar, mixed fruit cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	21 Double Chocolate Chip Muffin, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	22 Double Chocolate Chip Muffin, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit
25 Pop Tart, cheese stick, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted Whole fruit	26 Crunchmania, crasins, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	27 Crunchmania, crasins, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	28 Cinnamon Toasters Cereal, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit	29 Cinnamon Toasters Cereal, applesauce cup, juice box  PB & J Uncrustable Assorted Fresh Vegetable Assorted fruit



Fruit Choice May Include:  
 Fresh Fruit, Canned Fruit,  
 Dried fruit, Fruit Cups, 100%  
 Fruit Juice

Vegetable Choices May Include:  
 Hot Vegetables, Garden Salad,  
 Fresh Baby Carrots, Cucumber  
 Slices, Celery sticks

Milk Choices May Include:  
 Low Fat White  
 Low Fat Chocolate  
 Low Fat Strawberry  
 Low Fat Vanilla  
 \*Lactaid Milk

*This institution is an equal opportunity provider.*

