

BREAKFAST PRICES

Full Price \$1.45
 Reduced 30¢
 Milk 50¢

LUNCH PRICES

Full Price CVIS \$2.45
 Full Price MS/HS \$2.70
 Reduced 40¢
 Milk 50¢

Due to a nationwide waiver, all meals will be served for free until 6/30/2021

MENU IS SUBJECT TO CHANGE

**Ashley Sprankle
 Food Service Director
 717-624-2157 EXT. 1015**

- Due to COVID-19, meal options will be limited and subject to change based on availability*



**The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact:
 Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
15 Remote Learning Day	16 Pop Tart with Cheese Stick or assorted cereal, orange juice, assorted milk Chicken Poppers, teddy grahams, steamed corn, applesauce, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks	17 Oatmeal Chocolate Chip Bar or assorted cereal, orange juice, assorted milk Walking Beef Taco, Refried beans, strawberries, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks	18 Mini Pancakes or assorted cereal, apple juice, assorted milk French Toast Stix, Sausage, Hash Browns, baked apples, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks	19 Scooby Doo Stix & yogurt or assorted cereal, banana, assorted milk Personal Pan Pizza, steamed broccoli, mixed fruit, assorted milk Alternate: Spicy Chicken Pattie or Mozzarella Sticks
22 Assorted Donuts or assorted cereal, applesauce, assorted milk Hamburger sandwich, baby carrots with ranch, fresh apple, assorted milk Alternate: PB & J Uncrustable	23 Wheat Cinnamon Roll or assorted cereal, grape juice, assorted milk Chicken nuggets, goldfish crackers, baked beans, pears, assorted milk Alternate: Steak & Cheese Sandwich or BYO pizza kit	24 Coffee Cake or assorted cereal, frozen fruit cup, assorted milk Salisbury Steak, dinner roll, mashed potatoes with gravy, blueberries, assorted milk Alternate: Steak & Cheese Sandwich or BYO pizza kit	25 Waffle or assorted cereal, fruit punch juice, assorted milk Shrimp Poppers, breadstick, Steamed peas, peaches, assorted milk Alternate: Steak & Cheese Sandwich or BYO pizza kit	26 Muffin or assorted cereal, banana, assorted milk Pepperoni Pizza, steamed green beans, applesauce, assorted milk Alternate: Steak & Cheese Sandwich or BYO pizza kit
29 Pop Tart with Cheese Stick or assorted cereal, applesauce, assorted milk Chicken Pattie, Celery sticks, fresh orange, assorted milk Alternate: PB & J Uncrustable	30 Egg & cheese wrap or assorted cereal, orange juice, assorted milk Hot Ham & Cheese Sandwich, steamed corn, strawberries, assorted milk Alternate: Grilled chicken on a pretzel roll or Personal Pan Pizza	31 Banana Chocolate chunk bar or assorted cereal, frozen fruit cup, assorted milk Honey Sriracha Boneless Wings, steamed broccoli, mixed fruit, assorted milk Alternate: Grilled chicken on a pretzel roll or Personal Pan Pizza		



Fruit Choice May Include:
 Fresh Fruit, Canned Fruit, Dried fruit, Fruit Cups, 100% Fruit Juice

Vegetable Choices May Include:
 Hot Vegetables, Garden Salad, Fresh Baby Carrots, Cucumber Slices, Celery sticks

Milk Choices May Include:
 Low Fat White
 Low Fat Chocolate
 Low Fat Strawberry
 Low Fat Vanilla
 *Lactaid Milk

Daily Alternate:
 PB & J
 Uncrustable

This institution is an equal opportunity provider.

