

## ELEMENTARY MENU: March 2021

### BREAKFAST PRICES

Full Price	\$1.45
Reduced	30¢
Milk	50¢

### LUNCH PRICES

Full Price	\$2.45
Reduced	40¢
Milk	50¢

*\*Due to a nationwide waiver, all meals will be served for free until 6/30/2021\**

**MENU IS SUBJECT TO CHANGE**  
**Ashley Sprankle**  
**Food Service Director**  
**717-624-2157 EXT. 1015**

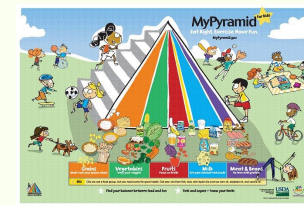
*This institution is an equal opportunity provider.*



*\*The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact:*

*Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pop Tart w/ cheese stick or assorted cereal, applesauce, plain milk	2 Egg & cheese wrap or assorted cereal or orange juice, plain milk	3 Oatmeal Chocolate Chip Bar or assorted cereal, frozen fruit cup, plain milk	4 Mini Pancakes or assorted cereal, apple juice, plain milk	5 Scooby Doo graham's w/ yogurt or assorted cereal, banana, plain milk
Chicken Fries Goldfish Crackers Green beans Mixed fruit Assorted Milk	Soft Shell Beef Tacos Refried Beans Blueberries Assorted Milk	Baked Fish Sandwich French Fries Peaches Assorted Milk	General Tsos Chicken Steamed Rice Steamed Broccoli Applesauce Assorted Milk	Cheese Pizza Mixed Vegetables Strawberries Assorted Milk
8 Assorted Donut or assorted cereal, applesauce, plain milk	9 Wheat Cinnamon Roll or assorted cereal, orange juice, plain milk	10 Coffee cake or assorted cereal, frozen fruit cup, plain milk	11 Waffle or assorted cereal, apple juice, plain milk	12 Muffin or assorted cereal, banana, plain milk
Popcorn Chicken Teddy Graham's Baked Beans Diced Pears Assorted milk	Chicken Alfredo Bake Breadstick Steamed peas Mixed fruit Assorted milk	Hot Ham & Cheese on a Roll Steamed corn Blueberries Assorted Milk	Salisbury Steak with gravy Dinner roll Mashed Potatoes Peaches Assorted Milk	Stuffed Crust Pizza California Blend Applesauce Assorted Milk
15 Pop Tart w/ cheese stick or assorted cereal, applesauce, plain milk	16 Egg & cheese wrap or assorted cereal or orange juice, plain milk	17 Oatmeal Chocolate Chip Bar or assorted cereal, frozen fruit cup, plain milk	18 Mini Pancakes or assorted cereal, apple juice, plain milk	19 Scooby Doo Graham's w/ yogurt or assorted cereal, banana, plain milk
Chicken Tenders Goldfish Crackers Steamed Carrots Strawberries Assorted Milk	Chicken Nacho Dipper Tex-mex beans Diced pears Assorted Milk	Mac & Cheese Little Smokies Green beans Mixed fruit Assorted Milk	Shrimp Poppers Breadstick Scalloped potatoes Blueberries Assorted Milk	Pepperoni Pizza Steamed Broccoli Peaches Assorted Milk
22 Assorted Donut or assorted cereal, applesauce, plain milk	23 Wheat Cinnamon Roll or assorted cereal, orange juice, plain milk	24 Coffee cake or assorted cereal, frozen fruit cup, plain milk	25 Waffle or assorted cereal, apple juice, plain milk	26 Muffin or assorted cereal, banana, plain milk
Chicken Nuggets Teddy Graham's Mixed Vegetables Applesauce Assorted milk	Spaghetti with meat sauce Garlic knot Steamed Peas Strawberries Assorted milk	Chicken, Bacon, & Cheese Wrap Baked Beans Diced pears Assorted Milk	French Toast Stix Sausage Hash Browns Baked Apples Assorted Milk	French Bread Pizza Steamed Corn Mixed fruit Assorted Milk
29 Pop Tart w/ cheese stick or assorted cereal, applesauce, plain milk	30 Egg & cheese wrap or assorted cereal or orange juice, plain milk	31 Oatmeal Chocolate Chip Bar or assorted cereal, frozen fruit cup, plain milk		
Chicken Fries Goldfish crackers California Blend Blueberries Assorted Milk	Walking Beef Taco Refried beans Peaches Assorted Milk	Meatball Sub French Fries Applesauce Assorted Milk		



Fruit Choice May Include:  
 Fresh Fruit, Canned Fruit,  
 Dried fruit, Fruit Cups, 100%  
 Fruit Juice

Vegetable Choices  
May Include:  
 Hot Vegetables, Garden Salad,  
 Fresh Baby Carrots, Cucumber  
 Slices, Celery sticks

Milk Choices May Include:  
 Low Fat White  
 Low Fat Chocolate  
 Low Fat Strawberry  
 Low Fat Vanilla  
 \*Lactaid Milk

*\* Due to COVID-19, meal options are subject to change based on availability\**

### Lunch Alternates

Monday: Hot Dog  
 Tuesday: Grilled Cheese  
 Wednesday: Hamburger  
 Thursday: Corn Dog  
 Friday: Chicken Pattie Sandwich

**Daily Alternate:**  
 PB & J Uncrustable

