

BREAKFAST PRICES

Full Price \$1.45
 Reduced 30¢
 Milk 50¢

LUNCH PRICES

Full Price CVIS \$2.45
 Full Price MS/HS \$2.70
 Reduced 40¢
 Milk 50¢

Due to a nationwide waiver, all meals will be served for free until 6/30/2021

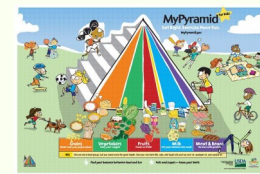
MENU IS SUBJECT TO CHANGE
Ashley Sprankle
Food Service Director
717-624-2157 EXT. 1015

- Due to COVID-19, meal options will be limited and subject to change based on availability*



**The Conewago Valley School District food services is currently seeking applications for day-to-day cafeteria substitutes in all buildings. If you are interested in this opportunity please contact: Ashley Sprankle, Food Service Director at 624-2157 ext. 1015.*

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pop Tart, Cheese Stick, frozen fruit cup, assorted milk	2 Banana Chocolate chunk bar, grape juice, assorted milk	3 Banana Chocolate chunk bar, grape juice, assorted milk	4 Blueberry Muffin, frozen fruit cup, assorted milk	5 Blueberry Muffin, frozen fruit cup, assorted milk
Chicken tenders, goldfish crackers, steamed corn, applesauce, assorted milk Alternate: Hamburger	Baked Fish Sandwich, French fries, mixed fruit, assorted milk Alternate: Hamburger	Baked Fish Sandwich, French fries, mixed fruit, assorted milk Alternate: Hamburger	Chicken Alfredo Bake, garlic knot, steamed broccoli, pears, assorted milk Alternate: Hamburger	Chicken Alfredo Bake, garlic knot, steamed broccoli, pears, assorted milk Alternate: Hamburger
8 Pop Tart with Cheese Stick, frozen fruit cup, assorted milk	9 Cinnamon Toasters Cereal, fruit punch, assorted milk	10 Cinnamon Toasters Cereal, fruit punch, assorted milk	11 Powdered Donut, frozen fruit cup, assorted milk	12 Powdered Donut, frozen fruit cup, assorted milk
Chicken tenders, goldfish crackers, steamed corn, applesauce, assorted milk Alternate: Cheese Pizza	Mac & Cheese, shrimp poppers, steamed green beans, blueberries, assorted milk Alternate: Cheese Pizza	Mac & Cheese, shrimp poppers, steamed green beans, blueberries, assorted milk Alternate: Cheese Pizza	Teriyaki Beef, steamed rice, steamed peas, peaches, assorted milk Alternate: Cheese Pizza	Teriyaki Beef, steamed rice, steamed peas, peaches, assorted milk Alternate: Cheese Pizza
15 Pop Tart with Cheese Stick, frozen fruit cup, assorted milk	16 Mini Cinnis, orange juice, assorted milk	17 Mini Cinnis, orange juice, assorted milk	18 Egg & cheese wrap, applesauce, assorted milk	19 Egg & Cheese wrap, applesauce, assorted milk
Hot Dog, Baked beans, applesauce, assorted milk Alternate: Spicy Chicken Pattie	Walking Beef taco, refried beans, strawberries, assorted milk Alternate: Spicy Chicken Pattie	Walking Beef Taco, Refried beans, strawberries, assorted milk Alternate: Spicy Chicken Pattie	French Toast Stix, Sausage, Hash Browns, baked apples, assorted milk Alternate: Spicy Chicken Pattie	French Toast Stix, Sausage, Hash Browns, baked apples, assorted milk Alternate: Spicy Chicken Pattie
22 Pop Tart, Cheese Stick, frozen fruit cup, assorted milk	23 Wheat Cinnamon Roll, apple juice, assorted milk	24 Wheat Cinnamon Roll, apple juice, assorted milk	25 Waffle, banana, assorted milk	26 Waffle, banana, assorted milk
Hot Dog, Baked Beans, applesauce, assorted milk Alternate: Steak & Cheese Sandwich	Salisbury Steak, dinner roll, mashed potatoes with gravy, mixed fruit, assorted milk Alternate: Steak & Cheese Sandwich	Salisbury Steak, dinner roll, mashed potatoes with gravy, mixed fruit, assorted milk Alternate: Steak & Cheese Sandwich	Pepperoni Pizza, steamed broccoli, pears, assorted milk Alternate: Steak & Cheese Sandwich	Pepperoni Pizza, steamed broccoli, pears, assorted milk Alternate: Steak & Cheese Sandwich
29 Pop Tart with Cheese Stick, frozen fruit cup, assorted milk	30 Banana Chocolate chunk bar, grape juice, assorted milk	31 Banana Chocolate chunk bar, grape juice, assorted milk		
Hot Ham & Cheese Sandwich, steamed green beans, applesauce, assorted milk Alternate: Grilled chicken on a pretzel roll	Honey Sriracha Boneless Wings, steamed corn, blueberries, assorted milk Alternate: Grilled chicken on a pretzel roll	Honey Sriracha Boneless Wings, steamed corn, blueberries, assorted milk Alternate: Grilled chicken on a pretzel roll		



Fruit Choice May Include:
 Fresh Fruit, Canned Fruit, Dried fruit, Fruit Cups, 100% Fruit Juice

Vegetable Choices May Include:
 Hot Vegetables, Garden Salad, Fresh Baby Carrots, Cucumber Slices, Celery sticks

Milk Choices May Include:

- Low Fat White
- Low Fat Chocolate
- Low Fat Strawberry
- Low Fat Vanilla
- *Lactaid Milk

Second Daily Alternate:
 PB & J Uncrustable

This institution is an equal opportunity provider.

